

## Top Native Plants for Night-time Nectar - by Fiona E. Reid

### Trees , Shrubs and Vines

- Black Cherry, Chokecherry, Pin Cherry, *Prunus* spp
- Ninebark, *Physocarpus* spp.
- Nannyberry, Highbush Cranberry, Arrowroot, *Viburnum* spp
- Alternate-leaf Dogwood, *Cornus alternifolia*
- Senna, *Senna alata*
- Sweet Pepperbush, *Clethra alnifolia*
- Hop tree, *Ptelea trifoliata*
- Virgin's Bower, *Clematis virginiana*

### Herbaceous Plants

- Mountain Mints (Slender, Virginia) *Pycnanthemum* spp.
- Joe-pye Weed, Boneset, Snakeroot, *Eupatorium* spp.
- Narrow-leaf Meadowsweet, *Spiraea alba*
- Green-headed Coneflower, *Rudbeckia laciniata*
- Black-eyed Susan, *Rudbeckia hirta*
- Blazing Star, *Liatris* spp.
- Ironweed, *Vernonia* sp.
- Goldenrods, *Solidago* spp.
- Milkweed (Swamp, Orange) *Asclepias* spp.
- Culver's Root, *Veronicastrum virginicum*
- False/Wood Sunflowers, *Helianthus /Heliopsis* spp.
- Hemp Dogbane, *Apocynum cannabinum*
- Golden Alexanders, *Zizia aurea*
- Jacob's Ladder, *Polemonium reptans*
- Bee Balm, Wild Bergamot, Spotted Beebalm, *Monarda* spp.
- Heath Aster, *Symphyotrichum ericoides*
- Purple and Pallid Coneflower, *Echinacea* spp.

### Good Non-natives for Night-time Nectar

- Buddliea - Miss Molly
- Sedum - Autumn Joy, yellow sedums
- Blue or Texas Sage, *Salvia* spp.
- Lamb's Ears and Betony, *Stachys* spp.
- Veronica
- Garden Phlox
- Beauty Bush, *Deutzia*
- Cosmos
- Centaurea
- Flowering Tobacco, *Nicotiana alata*
- Four O'clocks, *Mirabilis* sp.
- Moonflower, *Ipomoea alba*
- Globe Amaranth, *Gomphrena* sp.